



Extras –
0.50 – Extra Fruit
1.00 – Echinacea, Peanut Butter
1.50 – Protein, Creatine, etc.
2.00 – Green Vibrance



Smoothie Menu

Antioxidant Corner

7.00

Strawberry Swirl

A sensational blend of **apple juice, strawberries, banana, & frozen yogurt**

Berry Delightful

A tangy blend of **blueberries, raspberries, frozen yogurt, & your choice of juice**

Ginger Snap

Make your taste buds smile with the tingly chiller. Made with **apple juice, ginger, frozen yogurt, & banana**

Cherry Cheer

Tart and scrumptious! **Apple juice, banana, frozen yogurt, & cherries**

Pomegranate Power Punch

A bursting, nutrient packed combination of **pomegranate juice, strawberries, banana, & frozen yogurt**

Awesome Açaí

7.99

Ultimate energy and health! Made with frozen **açaí** from Brazil, **blueberries, banana, frozen yogurt, & your choice of juice**

Fiber Medleys

7.00

Going Nutty

A super nutritional treat made with **your choice of milk, banana, peanut butter, honey, & frozen yogurt**

PB & J Punch

The amazing, classic taste sensation of peanut butter and jelly. **Pomegranate juice, peanut butter, strawberries, & frozen yogurt.** Yum!

Chia Bonanza

It's a party in your mouth with this blast of Omega-3's. Made with **pomegranate juice, banana, raspberries, frozen yogurt, & a scoop of chia seeds**

Tropical Blends

7.00

Piña Colada

A delicious blend of the tropics made with **coconut water**, **pineapple**, **banana**, & **frozen yogurt**

Mango Mischief

A mighty blend of **mango juice**, **strawberries**, & **banana** with **frozen yogurt**

Citrus Sunset

An outrageous, intoxicating blend of **orange juice**, **strawberries**, **pineapple**, & **frozen yogurt**

Chocolate Concoctions

7.00

Chocolate Nirvana

A little bit of chocolate paradise – made with **chocolate almond milk**, **banana**, **chocolate chips**, & **frozen yogurt**

Jumpin' Java

Energize yourself with our delicious coffee smoothie, made with **organic coffee**, a splash of **milk**, **banana**, & **frozen yogurt**

Choco-Strawberry Succulence

A sweet symphony of **chocolate almond milk**, **strawberries**, & **frozen yogurt**

Chocolate Mint Blizzard

A refreshingly cool, tasty treat made with **chocolate almond** or **skim milk**, **banana**, **frozen yogurt**, & **mint**.
Make you tingle and shiver with flavor.

Special Blends

Lean Green Machine

8.25

A cornucopia of concentrated greens provide the ultimate in energy. Made with **apple juice** or **soy milk**, **banana**, **frozen yogurt**, & a scoop of **powdered greens**. Blueberries optional.

Bodybuilder

7.99

Create your own protein smoothie. Choose either **milk** or **juice**, **one fruit**, and round it out with **your choice of protein!**

Carrot Creamsicle

Small – 4.99, **Large** – 5.99

A heavenly blend of **fresh carrot** and **apple juice**, **fresh ginger**, & **vanilla frozen yogurt**. Available in 12 or 16 oz.



Spring Seasonal Smoothies

7.00

Guava Goodness

A magical island infusion of **guava juice**, **pineapple**, **banana**, & **frozen yogurt**

Whatchamacallit

Absolutely refreshing, absolute flavor, made with **apple juice**, **cucumber**, **pineapple**, & **strawberry**

Hangover Helper

A zippy blend of **guava juice**, **banana**, **blueberries**, **ginger**, & **fresh lemon**